

Come and join us

Due to the retirement of several longstanding members, we are looking for primary and secondary care clinicians, nurses and managers to join the committee. Trainees/registrars are also welcome.

Local Referral & Management Guidelines

Established in 1996, the Local Referral and Management Guidelines Committee is a co-operative venture between Western Sussex Hospitals and Primary Care. Today's committee is collaboration between Western Sussex Hospitals and Coastal West Sussex Clinical Commissioning Group

Objectives

- To produce locally agreed, evidence/knowledge based pathways and clinical guidelines providing referral and pre-referral management advice to GPs, Practice and Community Nurses
- Ensure that patients receive the highest quality, timely and most appropriate treatments and care
- To encourage equitable access to services across the local patient population
- To reduce unacceptable or undesirable variations in practice
- Act as a vehicle for putting evidence into practice
- Ensure that all guidelines have followed a systematic process for development

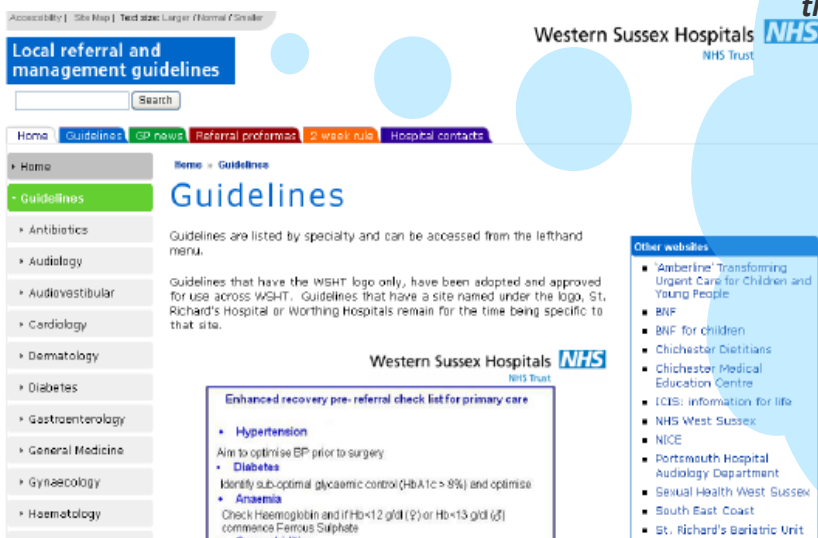
There are over 100 guidelines in existence. Each guideline is presented to the committee before being presented to over 40 GPs at their Educational Luncheon Club, these are held weekly and the guidelines group has a monthly slot. GP Luncheon Clubs also take place in Worthing. Guidelines and pathways also form part of ENCIRCLE.


The group meets once a month on a Tuesday evening from 7 - 9 pm in CMEC Chichester. Refreshments are provided.

For more information please email [Gail Isted gail.isted@nhs.net](mailto:gail.isted@nhs.net) or the Chair Dr [Colin Reid colin.reid@wsht.nhs.uk](mailto:colin.reid@wsht.nhs.uk)

<http://gp.westernsussexhospitals.nhs.uk>

Our Dedicated Website



Western Sussex Hospitals 
NHS Trust

Local referral and management guidelines

Search

Home Guidelines GP news Referral proforma C/west rules Hospital contacts


Home

Guidelines

- Antibiotics
- Audiology
- Audiovestibular
- Cardiology
- Dermatology
- Diabetes
- Gastroenterology
- General Medicine
- Gynaecology
- Haematology

Guidelines are listed by speciality and can be accessed from the lefthand menu.

Guidelines that have the WSHT logo only, have been adopted and approved for use across WSHT. Guidelines that have a site named under the logo, St. Richard's Hospital or Worthing Hospitals remain for the time being specific to that site.

Western Sussex Hospitals 
NHS Trust

Enhanced recovery pre-referral check list for primary care

- Hypertension

Aim to optimise BP prior to surgery

- Diabetes

Identify sub-optimal glycaemic control (HbA1c > 8%) and optimise

- Anaemia

Check Haemoglobin and if Hb < 12 g/dl (♀) or Hb < 13 g/dl (♂) commence Ferrous Sulphate

Other websites

- Amberline Transforming Urgent Care for Children and Young People
- BNF
- BNF for children
- Chichester Dietitians
- Chichester Medical Education Centre
- ICIS: information for life
- NHS West Sussex
- NICE
- Portsmouth Hospital Audiology Department
- Sexual Health West Sussex
- South East Coast
- St. Richard's Bariatric Unit

The website holds much more than guidelines.

- Referral proforma
- Enhanced recovery Information
- Hospital contacts
- What's new
- Visiting the hospital
- Links to patient information
- Links from and to the CCG website