

## Information required in MSK (MATT) and Orthopaedic Referral Letters

### Standard Referral Details:

- Urgency of referral: Urgent/Routine
- Red flag indicators
- Patient details – name, address, NHS number, contact numbers, DoB, gender and carers details where appropriate
- Referring GP details

### MSK/Orthopaedic Details:

- Reason for referral
- Past medical history: controlled BP (systolic<140), diabetes excluded/well controlled
- Exercise management details
- Walking distance – with and without aids
- Locking/instability details
- Treatment details
- BMI – Dietary advice given
- Smoking status – details if smoker ‘stop before the op’ advice given
- Clinical examinations findings
- Significant social information – including mobility, lives alone, care pathways in place
- X-ray details
- Information leaflet given

### Lack of information may result in referrals being returned

#### Indications that condition is severe

Pain	Function
<ul style="list-style-type: none"> <li>• Constant/interfering with ADL</li> <li>• Pain at rest/disturbs sleep</li> <li>• Uncontrolled pain even on opiates</li> </ul>	<ul style="list-style-type: none"> <li>• Largely/wholly incapacitated</li> <li>• Walking &lt; ½ hour</li> <li>• Aids necessary</li> </ul>

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