

2 Week Rule Referral Guidelines - Breast

Urgent referral (2 week-rule)

Refer urgently:

- Any woman over 30 years of age with a discrete hard lump. That persists after next period if pre menopausal. Includes fixation to adjacent tissue
- Any woman of any age with a discrete unilateral enlarging lump
- Any woman of any age with nipple retraction, distortion or eczema suspicious of Paget's Disease
- Any woman of any age with spontaneous, unilateral bloody discharge
- Any woman with breast disease who has had a previous cancer
- Any woman of any age with suspicious axillary lymphadenopathy
- Any woman with breast disease with high or intermediate family history risk factors *

- Any man over 50 years with unilateral breast disease

Non urgent referral

Consider non-urgent referral in:

- Women under 30 years (Use of mammography under the age of 35 is not recommended)
- Patients with persistent breast symptoms e.g. pain and no palpable abnormality after initial treatment fails.

- Wessex Clinical Genetics Service. Referral guidelines to genetics service (tertiary Care) family history, breast/ovarian/colorectal (published June 2006)
- Western Sussex use the service at St George's